



Watch for Wellness and You! Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

Hours

Monday - Friday
7: 00 AM-9:00 AM
11:00 AM-2:00 PM

Managers

Director
Anita Loher x3157

Manager
Renee Jordan x 3474

Dietitian

x3234



Roseland Hospital

Week of Monday March 8

Monday

Breakfast Entree: Scrambled Eggs	🌱	.70
Crisp Bacon		.65
Corn Beef Hash		.85
Sausage Links		.75
Buttermilk Pancakes	🌱🥞	1.30
Home Fried Potatoes		.85
Biscuit		.80
Pecan Buns		1.30

Tuesday

Breakfast Entree: Grits	🌱	.80
Scrambled Eggs	🌱	.70
Scrambled Egg & Cheese Biscuit	🌱	1.30
French Toast Sticks w/Syrup		.75 for 5 each
Hash Browned Potatoes	🌱	.85
Crisp Bacon		.65
Sausage Links		.75

Wednesday

Breakfast Entree: Grits	🌱	.80
Scrambled Eggs with Cheddar	🌱	.80
Egg & Cheese Biscuit w/Bacon		1.30
Buttermilk Pancakes	🌱🥞	1.30
Home Fried Potatoes		.85
Cinnamon Rolls		1.30
Crisp Bacon		.65
Sausage Links		.75

Thursday

Breakfast Entree: Grits	🌱	.80
Scrambled Eggs	🌱	.70
Scrambled Eggs O'Brien	🌱	.80
Belgian Waffles with Strawberry Syrup	🌱	1.30
Hash Browned Potatoes	🌱	.85
Crisp Bacon		.65
Sausage Links		.75

Friday

Breakfast Entree: Grits	🌱	.80
Scrambled Eggs	🌱	.70
Scrambled Eggs with Cheddar	🌱	.80
Egg O'Bagel with Steak		1.50
Buttermilk Pancakes	🌱🥞	1.30
Crisp Bacon		.65
Sausage Links		.75
Apple Fritters	🌱	1.30

🌱 Vegetarian 🌱 Vegan 🥞 Wellness 🍷 Wellness (Low Sodium)